Mary Lockett watches the surprise car parade for her 104th birthday from the porch of the house where she has lived since she was born.
ArPets: Meet Caia

Here’s What can Happen When a Dog is Considered “Less Adoptable”

By Joan Brady
Arlington Connection

When she met Goldie, she was struck by the label the dog had been given. Goldie was considered “less adoptable.” And yet, Goldie, a stray rescue, was the perfect canine for her family, says Karen Fried-Harris.

Losing a dog can be heartbreaking. And that was certainly the case when Fried-Harris lost Goldie back in 2018. Her daughters, who lived with her, quickly worked to fill the void. Each adopted a rescue dog. With the two dogs and the three women, their hearts and home were wonderfully full.

When her daughters struck out on their own, taking their dogs with them, Fried-Harris began to consider getting another dog. Last spring, after the pandemic had kept her inside for months, the weather turned warm and the time was right.

Honoring Goldie and her status as a dog that others had dismissed as being too imperfect, Fried-Harris sought to make her own assessment as she searched for a good fit.

Fried-Harris had been a Lost Dog and Cat Rescue Foundation (LDCRF) rescue and so Harris returned to LDCRF for help.

Little is known about Caia’s history, but apparently she was found in Puerto Rico, eventually making her way to Arlington and LDCRF. She had some health issues, including a susceptibility to ear infections. But she had a spirit that was palpable.

“Anyone who had the opportunity to be in her presence could feel her inner beauty,” according to Kim Williams, Public Relations Manager, LDCRF.

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Unfortunately, before the perfect pet parent/s had been found, Caia suddenly became paralyzed. With holistic medical interventions, including acupuncture, she did improve. But Caia continued to have difficulty walking and finding a good match had grown more remote.

Fried-Harris had googled degenerative myelopathy and degenerative disc disease, the two potential causes of Caia’s lameness. She was told about the allergy shots that Caia would continue to need to keep ear infections at bay. And while concerned about the possibility of extra health expenses, Fried-Harris resolved to meet Caia.

What could it hurt? At that meeting, Fried-Harris immediately connected with Caia’s gentle soul and brought her home the same day.

A wheeled device to help support Caia’s back legs helped her get stronger through ever increasing walks. Soon she was walking without the need for assistance. Today, Caia and Fried-Harris enjoy a full schedule that includes walks, car rides, doggy play dates and trips to the dog park.

“Caia loves other dogs and gets along with everyone,” according to Fried-Harris.

Caia still has setbacks and if she does have degenerative myelopathy, her time on earth may be limited. And so, Fried-Harris and Caia strive to take joy in every single day.

ArPets is a weekly feature for highlighting the well-loved pets of Arlington as well as animals who are available for adoption. If you or your dog, cat, iguana, bunny, rat or any other pet, has an interesting pet story to tell, please send email to: joan@joanbradyphotography.com.

Joan is an award-winning Connection Newspapers columnist and local photographer specializing in pets, children and families and contemporary business portraits.

Interested in Adopting?
If you are interested in adding a cat, dog or small animal pet to your household, here are a few local rescue organizations who might be able to help you find your perfect match:

- Animal Welfare League of Alexandria
- Animal Welfare League of Arlington
- Homeward Trails
- Lost Dog and Cat Rescue Foundation
- PetConnect Rescue
- Wolf Trap Animal Rescue

More Pets
The Pet Connection, a twice-yearly special, will publish the last week of February, and photos and stories of your pets with you and your family should be submitted by Friday, Feb. 19.

We invite you to send stories about your pets, photos of you and your family with your cats, dogs, llamas, alpacas, ponies, hamsters, snakes, lizards, frogs, rabbits, or whatever other creatures share your life with you.

Tell us the story of a special bond between a child and a dog, the story of how you came to adopt your pet, or examples of amazing feats of your creatures.

Do you volunteer at an animal shelter or therapeutic riding center or take your pet to visit people in a nursing home? Does your business have a managing pet? Is your business about pets? Have you helped to train an assistance dog? Do you or someone in your family depend on an assistance dog?

Or take this opportunity to memorialize a beloved pet you have lost.

Just a cute photo is fine too. Our favorite pictures include both pets and their humans.

Please tell us a little bit about your creature, identify everyone in the photo, give a brief description of what is happening in the photo, and include address and phone number (we will not publish your address or phone number, just your town name).

Email to editors@connectionnewspapers.com or submit online at www.connectionnewspapers.com/pets.

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